LOW-FAT PLAIN OR BERRY YOGURT

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## BREAKFAST 6:30 AM TO 11:30 AM LUNCH 11:30 AM TO 2:00 PM Bright-eyed Breakfast Sheraton 5 YOUR FAVORITE CEREALS Seasonal berries or sliced banana too GOLDEN BUTTERMILK PANCAKES 5 With whipped cream, butter and warm maple syrup ALL SCRAMBLED UP 5 One scrambled egg with bacon, sausage or ham and hash brown potatoes Dig In for Lunch and Dinner WARM UP WITH A CUP OF SOUP THAT'S USING YOUR NOODLE Our pasta with parmesan cheese and tomato sauce on the side Meals below come with your choice of carrot and celery sticks, apple slices or French fries 5 MINI BURGERS Have it plain or add cheddar cheese and bacon GOOEY GRILLED CHEESE Hot, tasty and crammed with cheese YOU'LL GOBBLE, GOBBLE IT UP 5 Sliced turkey mini-wiches with cheddar cheese, lettuce and tomato CRISPY CHICKEN BITES 5 All white meat nuggets with BBQ or sweet and sour sauce Save Room for Dessert **DOWN** A SCOOP OF HÄAGEN-DAZS ICE CREAM 3 1. This is a big body of water.

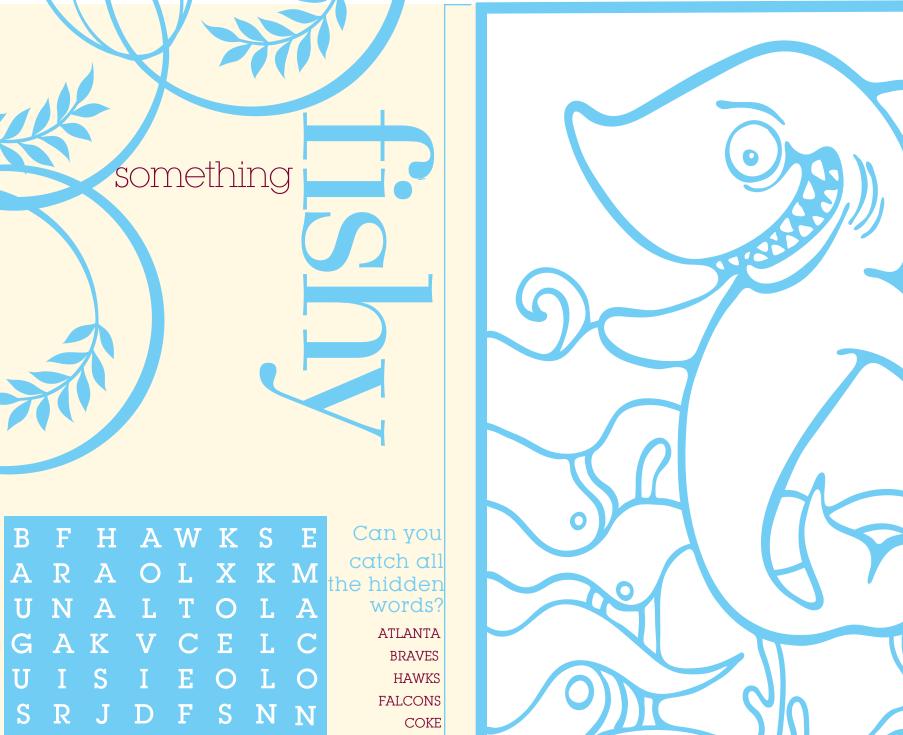
2. I've got rows of sharp teeth.

**ACROSS** 

3. You can use these to cross the sea.

3. SOS means you're asking for...

1. It's the other name for a killer whale. 2. I've got 5 legs and a name that twinkles.



HOTEL AUGUSTA MACON